



**Volunteering**

# Developing Youth Volunteering in Doorstep Sport

# Workshop Outcomes

- Understanding where volunteers in Doorstep Sport come from - what do they want to do and how they work together
- Understand what is expected for the volunteer and of project
- Understand the Challenges of crossing the line from participant to volunteer.
- Understand why is volunteering a good thing for young people and the local project

# Learning from our own experience

In pairs/small groups discuss your own experiences of volunteering from the following perspectives:

- As a volunteer
- As a volunteer manager/mentor

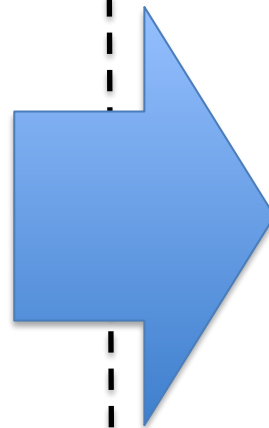
On post it notes, write all the words/phrases that come to mind

# Where do volunteers come from?

- Where do you get volunteers from

- Where can you get the from

# Participant to Volunteer

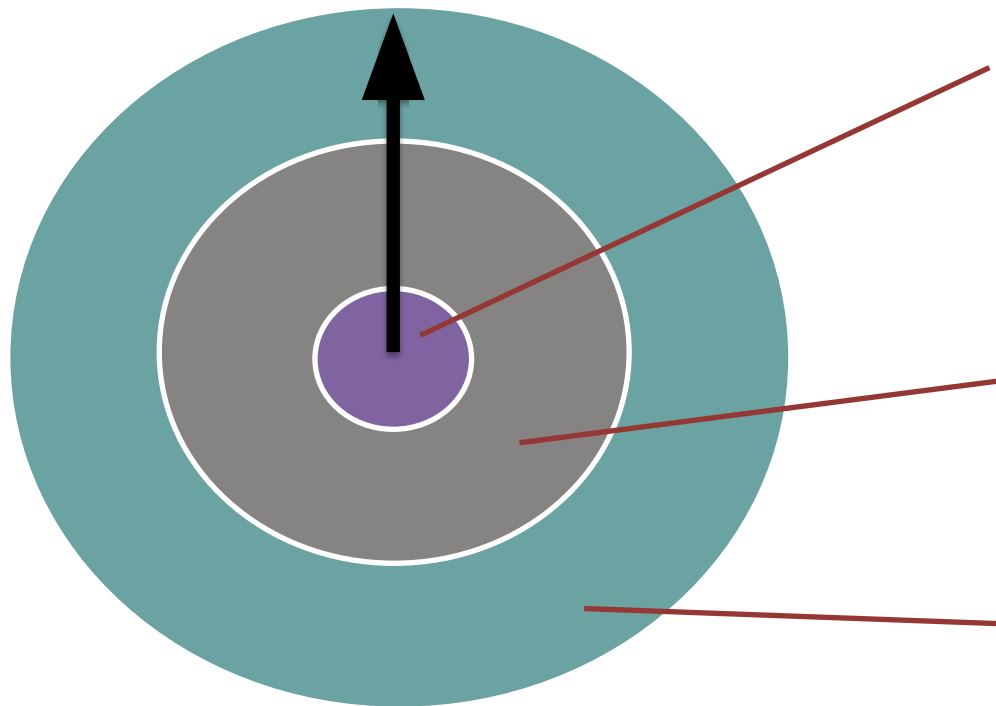


# Start with Why!!!

## Why?

Why would young people want to volunteer?

Why would your organisation want to invest the time?





## How = FABS

## What

Opportunities for young volunteers.



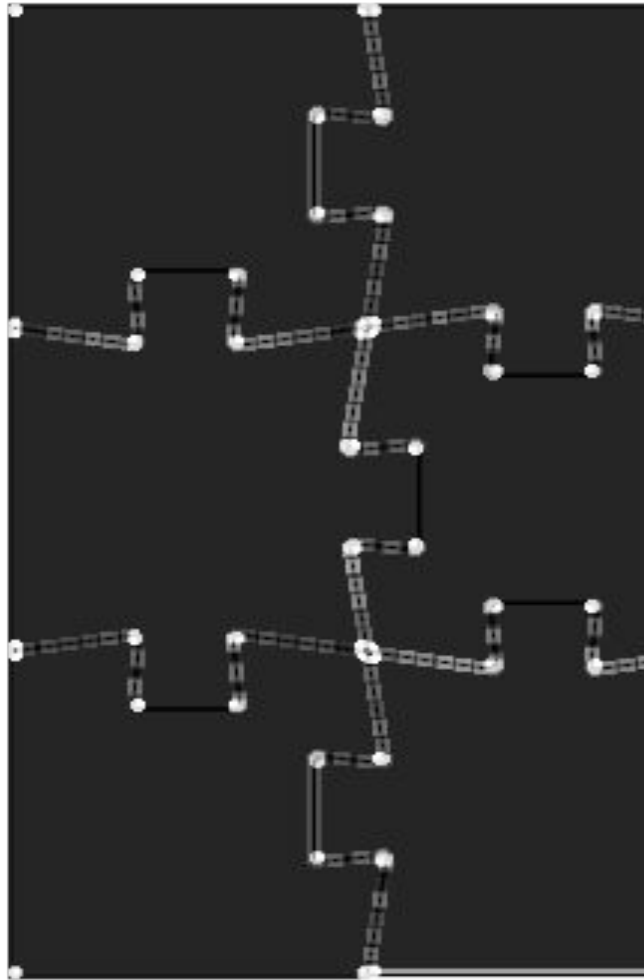
	<b>F</b>	Fun
	<b>A</b>	Altruism
	<b>B</b>	Belonging
	<b>S</b>	Self-development



## In Groups.....

- Revisit the words placed grouped from before that relate to fun
  - How do we relate volunteering opportunities to these words
  - What can stop it being fun?  
What can take it over that line?
- Enjoyment
  - Not too serious
  - Responsibility
  - Matching expectations

# Altruism



**Unselfish regard for  
or devotion to the  
welfare of others  
charitable acts  
motivated purely by  
altruism**

# Altruism

- Volunteers need to see their place/contribution to the session /project;
- Lets reflect upon a common term used when people are asked why they volunteer – *‘to give something back’*
- Volunteers need to see that they are having an impact on others.
- StreetGames life grid research shows that altruism develops over time as the young volunteers can see their impact on others.
- The staff/mentors role is to help the young volunteer identify what the impact of their volunteering is - through supporting Self reflection (links to self development)

# Belonging



# Belonging

- Feeling part of a group, part of something
- We should not create a situation of volunteers vs staff
- It is not volunteers replacing staff.
- It is about creating connections through social activities, how people are treated, group identity etc.
- Volunteers should not be seen as a commodity – it is ok if they leave and go onto other things (this links to self development)
- Young Volunteers aren't a function to run the club or session, they are the lifeblood of the DSC or session

# Self Development

## In Groups...

- Create 2 lists of all the things that self development could be for a young volunteer.
1. Attributes and qualities
  2. Skills and experience

## Questions

How can we provide opportunities to develop these?

From your experience, which of these d young people get into volunteering for?



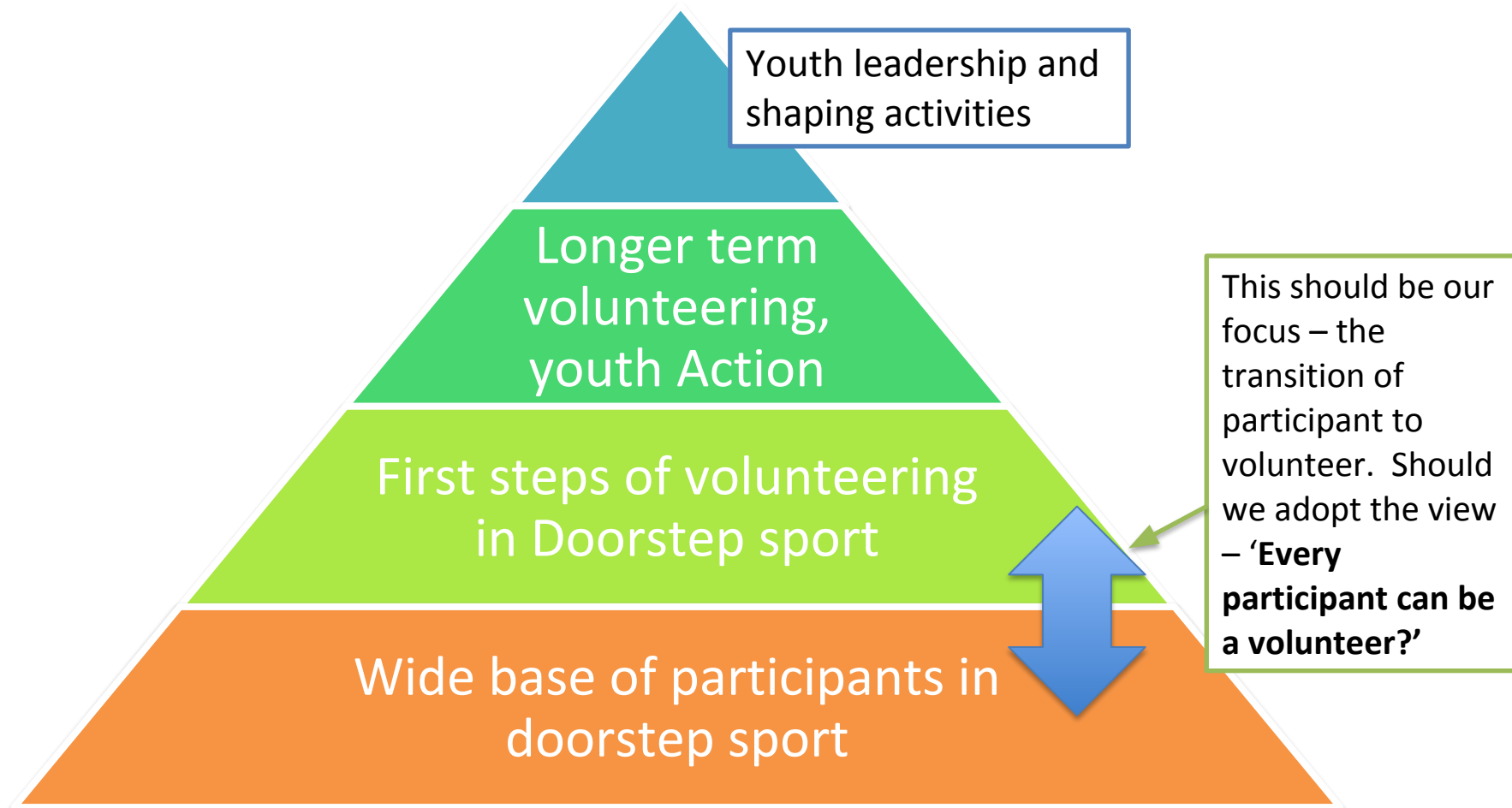
# Self Reflection

- It is important that we help young people reflect upon their own experiences
- How they have changed and developed over time (this links to Altruism)
- Therefore giving space and support for self reflection is important for staff and volunteers.

How could this be done?









Have a safe journey home